

**Vitamin and nutrient injection therapy** is one of the most powerful and effective ways to treat illness and optimize health. Arizona Natural Medicine® offers a variety of vitamin and nutrient injections that can be used to **increase energy**, support hormone regulation, support adrenal function, support the nervous system, treat anemia, assist in weight loss and encourage a sense of well-being. We only use the **highest quality** injectables with nutrients offered in the active form for superior effects.

## **Vitamin B12:** ***“Energy Booster”***

- ⇒ We use Methylcobalamin, the most active form of B12
- ⇒ Improves energy
- ⇒ Treats anemia
- ⇒ Increases metabolism to support weight loss (can be combined with MIC)
- ⇒ Supports the nervous system
- ⇒ Boosts the immune system

## **Vitamin B Complex:** ***“Immune Support”***

- ⇒ Combination of important B vitamins including B1, B2, B5, B6 and B12.
- ⇒ Energy boost
- ⇒ Supports the nervous system
- ⇒ Mood balancing effects
- ⇒ Increase metabolism
- ⇒ Adrenal support

## **Vitamin B6:** ***“Mood Balancer”***

- ⇒ Assists in hormone imbalance (PMS)
- ⇒ Mood regulation by supporting production of neurotransmitters
- ⇒ Energy support
- ⇒ Lowers homocysteine levels (a cardiovascular risk factor)
- ⇒ Helps to treat nausea and vomiting in pregnancy

## **5-MTHF (Active Folic Acid):** ***“Calm and Energized”***

- ⇒ Helpful in people who have a genetic mutation that affects their ability to produce the active form of folate
- ⇒ Increased energy
- ⇒ Support in treating anxiety and insomnia
- ⇒ Hormonal balance
- ⇒ Detoxification support

## **MIC (Methionine, Inositol, Choline):** ***“Fat Burner”***

- ⇒ Lipotropic fat burning injections
- ⇒ Three ingredients work synergistically to assist in fat burning and transportation of fat to decrease its accumulation in the body
- ⇒ Combine with B12 to increase metabolism support
- ⇒ An option alone or along with our Transformation 360® weight loss program

## **Glutathione:** ***“Antioxidant Support”***

- ⇒ Powerful antioxidant that reduces production of free radicals that cause cell damage
- ⇒ Aids in detoxification of heavy metals from the body
- ⇒ Assists in DNA synthesis and repair
- ⇒ Anti-aging effects
- ⇒ Regenerate mitochondrial cells for energy